You will need the following:

- 1 hippo
- 1 very large dance area
- dance outfit for your hippo
- soothing hippo music
- 2 Aspirin (for you).

Steps to take:

1. Allow time for your hippo to change into his or her dance outfit.

2. Once your hippo is ready, you may lead the hippo to the dance floor.

3. Ask your hippo to stand on his or her back legs only. If necessary, your hippo may hold on to a chair.

4. Take a picture of your hippo.

5. The hippo must stand with his or her right leg extended south.

6. The hippo taps the extended leg on the floor twice.

7. Repeat this action with the opposite leg.

8. The hippo should leap into the air and land gracefully.